

# Transcription Factor NF- $\kappa$ B

## A Sensor for Smoke and Stress Signals

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**ABSTRACT:** Nuclear factor-kappa B (NF- $\kappa$ B) is a transcription factor that resides in the cytoplasm of every cell and translocates to the nucleus when activated. Its activation is induced by a wide variety of agents including stress, cigarette smoke, viruses, bacteria, inflammatory stimuli, cytokines, free radicals, carcinogens, tumor promoters, and endotoxins. On activation, NF- $\kappa$ B regulates the expression of almost 400 different genes, which include enzymes (e.g., COX-2, 5-LOX, and iNOS), cytokines (such as TNF, IL-1, IL-6, IL-8, and chemokines), adhesion molecules, cell cycle regulatory molecules, viral proteins, and angiogenic factors. The constitutive activation of NF- $\kappa$ B has been linked with a wide variety of human diseases, including asthma, atherosclerosis, AIDS, rheumatoid arthritis, diabetes, osteoporosis, Alzheimer's disease, and cancer. Several agents are known to suppress NF- $\kappa$ B activation, including Th2 cytokines (IL-4, IL-13, and IL-10), interferons, endocrine hormones (LH, HCG, MSH, and GH), phytochemicals, corticosteroids, and immunosuppressive agents. Because of the strong link of NF- $\kappa$ B with different stress signals, it has been called a "smoke-sensor" of the body.

**KEYWORDS:** NF- $\kappa$ B; stress; smoke; gene expression; cancer

### WHAT IS NF- $\kappa$ B?

Nuclear transcription factor  $\kappa$ B (NF- $\kappa$ B) was identified by David Baltimore in 1986 as a factor in the nucleus that binds the promoter of the kappa chain of immunoglobulins in B cells.<sup>1</sup> NF- $\kappa$ B has since been shown to be present in the cytoplasm of every cell type in its inactive state and is conserved in animals all the way from Drosophila to man. Five different mammalian NF- $\kappa$ B family members have been identified and cloned: NF- $\kappa$ B1 (p50/p105), NF- $\kappa$ B2 (p52/p100), RelA(p65), RelB, and c-Rel. All family members share a highly conserved Rel homology domain (RHD; ~300 aa) responsible for DNA binding, a dimerization domain, and the ability to interact with I $\kappa$ Bs, the intracellular inhibitor for NF- $\kappa$ B. Two different NF- $\kappa$ B activation pathways have been identified, a canonical pathway initiated by NF- $\kappa$ B1 (p50/p105) and a noncanonical pathway initiated by NF- $\kappa$ B2

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(p52/p100). Before the NF- $\kappa$ B complex is translocated into the nucleus, NF- $\kappa$ B1 and NF- $\kappa$ B2 are cleaved to the active p50 and p52 subunits, respectively.

In resting cells, NF- $\kappa$ B, consisting of p50 and RelA, is sequestered in the cytoplasm in an inactive form through its association with one of several inhibitory molecules, including I $\kappa$ B- $\alpha$ , I $\kappa$ B- $\beta$ , I $\kappa$ B- $\gamma$ , p105, and p100, among which I $\kappa$ B- $\alpha$  is the most abundant. In response to environmental stimuli, including cytokine/chemokines, viral and bacterial pathogens, and stress-inducing agents, inactive NF- $\kappa$ B/I $\kappa$ B complex is activated by phosphorylation on two conserved serine (S) residues within their N-terminal domain of I $\kappa$ B proteins. Phosphorylation of these conserved S residues in response to stimulators leads to the immediate polyubiquitination of I $\kappa$ B proteins by the SCF- $\beta$ -TrCP complex (FIG. 1). This modification subsequently targets I $\kappa$ B proteins for rapid degradation by the 26S proteasome.

Activation of the NF- $\kappa$ B signaling cascade results in complete degradation of I $\kappa$ B, allowing the translocation of NF- $\kappa$ B to the nucleus, where it induces transcription. Activated NF- $\kappa$ B binds to specific DNA sequences in target genes, designated as  $\kappa$ B-elements, and regulates transcription of over 400 genes involved in immunoregulation, growth regulation, inflammation, carcinogenesis, and apoptosis.

### WHAT ACTIVATES NF- $\kappa$ B?

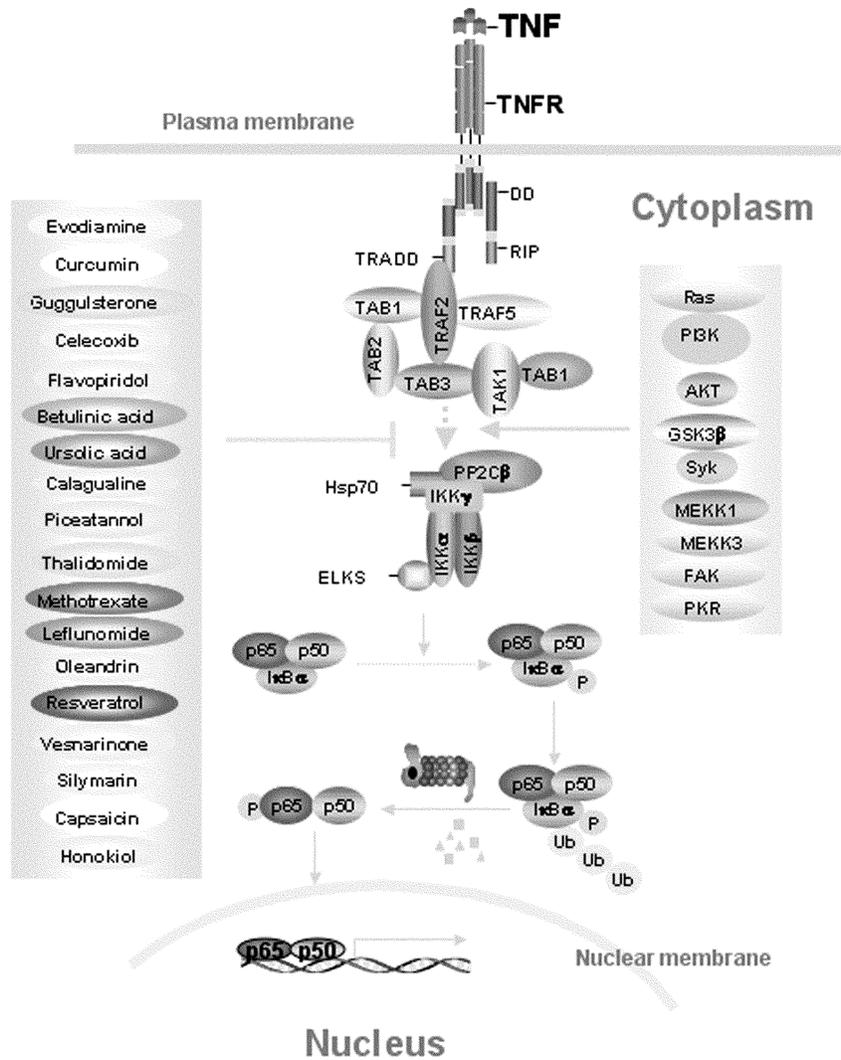
Extensive research in the last two decades has shown that a large number of stimuli can activate NF- $\kappa$ B (TABLE 1). These include bacteria and fungi, bacterial and fungal products, viruses and viral proteins, inflammatory cytokines, parasites, mitogens, physiological stress, physical stress, oxidative stress, environmental and occupational particles, heavy metals, intracellular stresses, viral or bacterial products, UV light, X-rays, gamma radiation, chemotherapeutic agents, carcinogens, cigarette smoke, hydrogen peroxide, colony-stimulating factors, mechanical stress, psychological fear, Th1 cytokines, hypoxia and hyperoxia, chemotherapeutic agents, endotoxins, and tumor promoters. The diversity of the stimuli that can stimulate NF- $\kappa$ B activation suggests that it can be used as a "smoke-detector" or "stress-sensor."

The mechanisms by which these diverse stimuli activate NF- $\kappa$ B are not identical. Perhaps the best understood of these pathways is the tumor necrosis factor (TNF)-induced NF- $\kappa$ B activation pathway (FIG. 1). The sequential recruitment of TNFR, TRADD, TRAF2, RIP, and IKK leads to TNF-induced NF- $\kappa$ B activation.<sup>2</sup> Recent work from our laboratory has implicated ras,<sup>3</sup> syk,<sup>4</sup> and  $\beta$ -GSK<sup>5</sup> in TNF-induced NF- $\kappa$ B activation. Others have implicated AKT,<sup>6</sup> MEK3,<sup>7</sup> and FAK.<sup>8</sup> TNF-induced NF- $\kappa$ B activation is mediated through the production of reactive oxygen species as SOD<sup>9</sup> and  $\gamma$ -GCS<sup>10</sup> inhibited the activation. Numerous studies have indicated that NF- $\kappa$ B activated by several agents, however, differs from that of TNF.<sup>11,12</sup> For example, we have shown that NF- $\kappa$ B activated by pervanadate<sup>13,14</sup> and hydrogen peroxide<sup>12</sup> differs from that activated by TNF. Others have shown that activation of NF- $\kappa$ B by hypoxia,<sup>15</sup> UV,<sup>16</sup>  $\gamma$ -radiation,<sup>17</sup> X-rays,<sup>18</sup> ds RNA,<sup>19</sup> erythropoietin,<sup>20</sup> and hepatitis C virus<sup>21</sup> differs significantly from that activated by TNF. Although activation of NF- $\kappa$ B by most agents requires the activation of I $\kappa$ B $\alpha$  kinase (IKK), activation of NF- $\kappa$ B by UV, X-ray, hypoxia, pervanadate, erythropoietin, H<sub>2</sub>O<sub>2</sub>, and hepatitis C virus (NS5A) has been shown to be IKK-independent.

Table 1. A list of inducers of NF- $\kappa$ B

THANK	Staphylococcus	THANK	Environmental Hazards	Malesylated Bovine Serum	Activin A	Uremic toxins
<b>Bacterial &amp; Fungi</b>	enterotoxin A and B (super antigen)	TNF $\alpha$	Asenic	Albumin	Adenosine	Very Low density Lipoproteins (VLDL)
Anaplasma	Toxic Shock Syndrome	TNF $\beta$	3,3',4,4'-tetrachlorobiphenyl (PCB37)	Neurotrophin Receptor	Adrenomedullin	Violacin
Angiostroglylus	Toxin 1	inducer of apoptosis	Benz(a)pyrene diol epoxide	proteolytic fragments	ALB-A (from Aegina indica)	Vitamin D <sub>3</sub>
Bacteroides forsythus	Wogonin (Scutellaria baicalensis)	<b>Physiological (Stress) Conditions</b>	Chromium	Non-amyloid beta component of Alzheimer's disease	Albumin	<b>Chemical Agents</b>
Bartonella henselae	<b>Viruses</b>	Acute lung	Cigarette smoke	<b>Overexpressed Proteins</b>	Aloxxan	2-Deoxyglucose
Bordetella pertussis	Adenovirus	injury/respiratory distress syndrome	Cigarette smoke condensate	CFTR	Amino acid analogs	Adriamycin
Chlamydia pneumoniae	Cytomegalovirus	Adhesion	Cobalt	Angiotensin II	Anaphylatoxin C3a	Aluminum
Ehrlichia chaffeensis	Epstein-Barr Virus (EBV)	Angiogenesis	Crocidolite asbestos fibers	Erythropoietin-Receptor	Anisomycin	Benzyl isothiocyanate
EPIC	Hepatitis B Virus	Angiogenesis	Dicamba (herbicide)	Itematopoietic progenitor kinase 1	Bisphenovanadium (bpv)	Bisphenovanadium (bpv)
Enteropathogenic E. coli	Herpes Virus Saimiri	Antiphospholipid antibodies	Diesel exhaust particles	Ig heavy chain	Baicalin (plant compound)	phosphotyrosyl phosphatase inhibitors
Fusobacterium nucleatum	Human Herpesvirus 6	Appendicitis	House dust mite	MHC Class I	Basic calcium phosphate crystals	Brefeldin A
Gardnerella vaginalis	HIV-1	Ashtma	Dust particles	<b>Receptor Ligands</b>	Bronchoalveolar lavage fluid	Cadmium
Helicobacter pylori	Herpes Simplex Virus -1	Butter and Walnut diet	Fear-potentiated startle response	Amigen (IgM-Ligand)	Bradykinin	Calcitonin
Lactobacilli	HTLV-1	Cecal ligatin and puncture (mouse)	Iron	BAFF (B cell-activating factor)	Brusatol	Calcitriol
Listeria monocytogenes	Influenza Virus	Lead	Lead chromate	Beta-D-glucan ligand	beta-carotene	Calcium ionophores
Mycoplasma fermentans	Measles Virus	Crohn's disease/ulcerative colitis	Manganese	CD11b/CD18-Ligand (Complement)	Catalase	Calyculin A
Mycobacteria tuberculosis	Molony Murine Leukemia Virus	Conical epidemic keratoconjunctivitis	Nickel	CD28-Ligand (B7-1)	Cenulein	Ceramide-beta-galactose
Neisseria gonorrhoeae	mRNA (in vitro transcribed)	Coronary artery by-pass	Noise	CD35-Ligand (Complement)	Chelidonium majus extract	analogy
Neisseria meningitidis	Newcastle disease virus	Depolarization	Oil fly ash	CD40-Ligand	Collagen lattice	Cobalt chloride
Porphyromonas gingivalis	Respiratory Syncytial Virus	Hemorrhage	Silica Particles	CD43-Ligand	Collagen Type I	Con A
Prevotella intermedia	Rhinovirus	Hypercholesterolemia	Wood smoke	CD66a-Ligand	Cryptidins	Cycloheximide
Pseudomonas aeruginosa	Sendai paramyxovirus	Hyperglycemia	Zymosan (yeast cell wall product)	M3 Cholinergic receptor agonist	Cysteiny leukotrienes	Cyclophosphamide
Rhodococcus equi	Sindbis Virus	Hyperhomocysteinemia	<b>Therapeutically used drugs</b>	Fc-2a-Receptor-Ligand (IgG2a)	Des-Arg 10-kallidin (B1 receptor agonist)	Diquat
Rickettsia rickettsii	Vaccinia Virus Akara	Hyperoxia	ABR-25757 (oxo-quinoline-3-carboxamide)	Heat shock protein 60 (HSP60)	Des-Arg 10-kallidin (B1 receptor agonist)	Ethanol
Salmonella dublin	West Nile Flavivirus	Ischemia (transient, focal)	2-(1-adamantylamino)-6-methylpyridine (AGAMP)	Ly6A/E-Ligand	1,25-dihydroxycholecalciferol	Ferrocene
Salmonella typhimurium	<b>Viral products</b>	Ischemic preconditioning	Anthralin	N-CAM	Double-stranded polynucleotides	Forskolin
Shigella flexneri	Adenovirus 5 E1A	Liver Regeneration	Baicalin	PGG-Glucan (Betafectin)	F-Met-Leu-Phe	Gadolinium chloride
Staphylococcus aureus	Adenovirus: E3/19K	Human labor (childbirth)	Bleomycin	Sphingosine 1-phosphate	Fibrinogen	Glass fibers
Streptococci (group A)	African Swine Fever Virus / IAP	Mechanical Ventilation (in vitro)	Bryostatin-1	Trail-receptor-1-Ligand (Trail)	Free fatty acids	HDAC inhibitors (sodium butyrate and trichostatin A)
Streptococci (group B)	Antibody to Dengue Virus nonstructural protein 1	Muscle disease		Trail-receptor-2-Ligand (Trail)	Heat shock protein 25 (Hsp25)	Linoleic acid
Streptomyces californicus (fungus)	CMV: $\text{ie}1$	Muscular Dystrophy (type 2A)		Trail-receptor-4-Ligand (Trail)	Heat shock protein 60 (HSP 60)	L-NMA
Trichomonas vaginalis	Double-stranded RNA	Neuronal firing			Homocysteine	L-lysophosphatidic acid
Ureaplasma urealyticum					Hyaluronan	Malondialdehyde
Yersinia enterocolitica					I2(R)-Hydroxyoctadecenoic acid	MDMA ("Ecstasy")
					6-hydroxydopamine	MEN 17055 (disaccharide)

<b>Bacterial or Fungal Products</b>	EBV; EBNA-2 EBV; LMP1 EBV; HBx HBV; HBs HBV; MHBS HBV; LHBs HCV; Core protein Herpes Saimiri; HVS13 Herpes Saimiri; StpC HIV-1; gp160 HIV-1; Nef HIV-1; p9 (9 aa peptide) HIV-1; Tat HTLV-1; Tax HTLV-II; Tax Influenza Virus (P gingivitis) Fumonisins B1 (Fusarium verticillioides) G(Arh) M Terra (E coli) Glycylphosphatidylino stols (Plasmodium falciparum) Lipoteichoic acid Lipoteichoic acid (Mycobacterium leprae) Lipoteichoic acid (Listeria) Lipopolysaccharide (LPS) Membrane lipoproteins (Mycoplasma fermentans) Membrane lipoproteins (Mycoplasma penetrans) Muramyl Peptides Mycobacterium lipoarabinomannan PleA (Phospholipase) (Listeria) PleB (Phospholipase) (Listeria) Porins (Gram negative bacteria) Porin IB (Gonococcus)	Overventilation (perfused lungs) Pancreatitis Proteinuria Reoxygenation Rheumatoid arthritis Senescence (keratinocytes) Shear Stress Neuronal trimethyltin injury Uni-axial cyclic cell stretching T-cell selection <b>Physical Stress</b> Bile duct ligation Cyclic mechanical muscle strain Exercise Gamma Radiation Heavy ion irradiation Laminar shear stress PPME Photosensitization Ultraviolet irradiation (UV-A, B, C) Mechanical lung ventilation Obesity Wounding combined with HeNe irradiation Wounding combined with thermal irradiation <b>Oxidative Stress</b> Butyl Peroxide Cerulenin Glutathione Hydrogen Peroxide Ozone Peroxynitrite Pervanadate Reoxygenation	Bacillamine metabolite SA 981 Camptothecin Celecoxib Ciprofibrate Cisplatin Cycloprodiginin Diacarbazine Daio-Orengedokuto Daunomycin Daunomycin Diazoxide 5,6-dimethylxanthenone-4-acetic acid Doxorubicin Etoposide Flavone-8-acetic acid Haloperidol Kunbi-Boshin-Hangam-Tang Lithium Methamphetamine Mitoxantrone Norepinephrine Oltipraz Phenobarbital Protocatechuic acid (from herb radix Salviae miltiorrhizae) SN38 (metabolite of CPT-11) Tamoxifen Taxol (Paclitaxel) Vinblastine Vincristine WR1065 <b>Modified Proteins</b> Advanced glycated end products (AGEs) Amyloid Protein Fragment (aA4) Anti-PR3 Glycylated oxyhaemaglobin	<b>Apoptotic Mediators</b> Anti-Fas/Apo-1 Poly(ADP) Ribose Polymerase (PARP) Trail <b>Mitogens, growth factors and hormones</b> Bone morphogenic protein 2 Bone morphogenic protein 4 Cortical Releasing Hormone Epidermal Growth Factor Folicle Stimulating Hormone Gasrin GMSF Hepatocyte Growth Factor Human Growth Hormone Insulin Insulin-like growth factor 1 Lysophosphatidic acid M-CSF Mullerian Inhibiting Substance Nerve Growth Factor Pigment epithelium-derived factor (PEDF) Platelet Activating Factor (PAF) Platelet-Derived Growth Factor Plant steroids (diosgenin, hcgogennin, tigogennin) Prostatein All-trans retinoic acid RET/PTC3 Fusion oncoprotein S100B Serum Sulphatide (L-selectin crosslinker) TGF-alpha TGF-beta2	irPePT1 (epical di-tripeptide transporter) Kaianic acid (Kainate) Leukotriene B4 L-Glutamate Long-term potentiation (LTP) Lysophosphatidylcholine (LysoPC) Mixed meal ingestion (hi glucose) Monosodium urate crystals Neuromelanin Neurophil elastase Nitric oxide NS-398 (high dose) Oleic acid Osteopontin PAF (platelet activating factor) Palmitate PCSC (polysaccharide from Poria cocos) Phellinus linteus proteoglycan Platelet type arachidonate 12-lipoxygenase Polysaccharides of Poria cocos Porsastum Prolactin N-terminal fragment (16K PRL) Proteolysis-inducing factor (PIF) Regulatory RNA Rev-erbalpha S100B Saturated fatty acids Sleep deprivation St. John's Wort (hyperforin) Streptozotocin Substance P Tauroursodeoxycholic acid (TUDCA) T-cell costimulatory receptor 4-1BB Thioredoxin Thrombin Titanium and copper implants Trypsin (SLJGLR) Tuberosclerosis complex	anthracycline) Monensin N-methyl-D-aspartate Mycophenolic acid Nafetopin Nickel sulfate Nicotine N-nitrosomorphine Nocodazol Okadaic Acid Peplomycin PHA Phorbol ester Phosphodiester Cjg DNAs Podophylotoxin Prostratin (a phorbol ester) Pyrogallo Quercetin (high concentrations) Quinolmic acid Safflower polysaccharides Sanglifehrim A Staurosporine Thapsigargin Transglutaminase 2 Tunicamycin Vinblastine WF10WY.14 643 (peroxisome proliferator)
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**FIGURE 1.** Schematic pathway for TNF-induced NF-κB activation and its inhibition by various natural products.

### WHAT GENES ARE REGULATED BY NF-κB?

Although initially identified in kappa chain of immunoglobulin, the NF-κB binding sequences have now been identified in over 400 different genes (TABLE 2). These include inflammatory cytokines (e.g., TNF, IL-1, IL-6, and chemokines), adhesion molecules, inflammatory enzymes (e.g., COX-2, 5-LOX), viral proteins, telomerase, angiogenesis proteins (VEGF), antiapoptotic proteins, and cell cycle-regulatory



β-Interferon			
IP-10*			
KC*			
ENA-78 (CXCL5)			
GCP-2 (CXCL6)			
Lymphotoxin α			
Lymphotoxin β			
MCP-1/JE*			
MIP-1α,β*			
MIP-2			
MIP-3α			
mob-1			
Neutrophil activating peptide-78			
RANTES*			
TCA3*			
TNFβ			
TNFβ			
TRAIL*			
TFF3*			
T-cell receptor/CD3γ			
p80 TNF-receptor			
Complement B			
Complement component 3			
Complement receptor 2			
Proteasome subunit LMP2			
Peptide transporter TAP1			
Tapasin			
<b>Growth Factors</b>			
Bone morphogenic protein-2			
Granulocyte colony stimulating factor			
Granulocyte macrophage colony stimulating factor			
Erythropoietin, macrophage colony stimulating factor (M-CSF)			
Neurokinin-1 receptor			
Hepatocyte growth factor			
Platelet-derived growth factor B chain			
Proenkephalin			
Vascular endothelial growth factor			
Hepatitis B virus (pregenomic promoter)			
HIV-1			
HSV*			
JC virus			
Human papillomavirus type 16			
SIV*			
SV-40*			
<b>Stress-response genes</b>			
Angiotensin II			
Cyclochrome p450 gene			
COX-2*			
Ferritin H chain			
12-Lipoxygenase			
iNOS*			
Mn SOD*			
NOO1*			
Phospholipase A2			
<b>Cell surface receptors</b>			
RAGE- receptor for advanced glycation end products			
Platelet activator receptor-1			
Neuropeptide Y Y1-receptor			
Mu-opioid receptor			
Mdr1*			
Lox-1*			
Gal1 receptor			
CD69			
<b>Transcription/ growth control factors</b>			
A20			
Androgen receptor			
c-myc			
IRF-1*			
IRF-2			
IRF-4			
IRF-7			
Rel/NF-κB proteins (p52/p100, p50/p105, c-Rel, and RelB)			
IκB proteins (IκBα, IκBβ, Bel-3, IκmB, Stat5a, Wt1, p53, Ras)			
Gadd45β			
Galectin 3			
Epsilon-globin			
HMG-14*			
K3 keratin			
Laminin B2 chain			
Mts1			
MUC-2			
Perforin			
Pregnancy-specific glycoprotein mCGM3			
Prostate-specific antigen			
S100A6 (calcylin)			
Syndecan-4			
Vimentin			
Wilms tumor suppressor gene			
a1-antitrypsin,			

\*CCL5, C-C chemokine ligand 5; CINC-1, cytokine-induced neutrophil chemoattractant-1; CXCL11, CXC chemokine ligand 11; ICOS, inducible co-stimulator; IP-10, IFN-γ-inducible protein 10; KC, Kupffer cells; MCP-1, monocyte chemoattractant protein-1; MIP, macrophage inflammatory protein; RANTES, regulated upon activation, normal T-cell expressed and secreted; TCA3, T cell activation; TRAIL, tumor necrosis factor-related apoptosis-inducing ligand; TFF3, trefoil factor 3; ICAM-1, intercellular adhesion molecule-1; MAdCAM-1, mucosal addressin cell adhesion molecule-1; VCAM-1, vascular cell adhesion molecule; DC-SIGN, dendritic cell surface C-type lectin; SAA, serum amyloid A proteins; COX-2, cyclooxygenase-2; iNOS, inducible nitric oxide synthase; Mn SOD, superoxide dismutase; NOO1, NAD(P)H quinone oxidoreductase 1; Mdr1, Multiple drug resistance mediator 1; Lox-1, lectin-like oxidized low-density lipoprotein receptor-1; TRAF, TNF-receptor associated factor; IEX-1L, immediate early response factor-1; IAPs, inhibitor of apoptosis; HSV, Herpes simplex virus; SIV, Simian immunodeficiency virus; SV-40, Simian virus 40; IRE, Interferon regulatory factor; TIRT, Telomerase catalytic subunit; AMH, Anti-mullerian hormone; HMG-14, High mobility group 14.

genes. Besides NF- $\kappa$ B, other transcription factors may modulate the expression of these genes. Microarray analysis has added even more genes to the list of those regulated by NF- $\kappa$ B.<sup>22,23</sup>

### WHICH DISEASES ARE LINKED TO NF- $\kappa$ B ACTIVATION?

Constitutive NF- $\kappa$ B activation has now been shown to contribute to the pathogenesis of a large number of diseases (TABLE 3). These include cancer, diabetes, allergy, rheumatoid arthritis, Crohn's disease, cardiovascular diseases, atherosclerosis, Alzheimer's disease, muscular dystrophy, cardiac hypertrophy, catabolic disorders, hypercholesterolemia, ischemia/reperfusion, angina pectoris, acid-induced lung injury disease, renal disease, gut diseases, skin diseases, incontinentia pigmenti, appendicitis, pancreatitis, peritonitis, sepsis, silica-induced disease, sleep apnea, autoimmunity, lupus erythematosus, psychosocial stress diseases, neuropathological diseases, familial amyloid polyneuropathy, Parkinson's disease, Huntington's disease, and retinal disease. NF- $\kappa$ B activation has also been linked with the human aging process.

A constitutive NF- $\kappa$ B has been detected in most tumor cell types including esophageal cancer, laryngeal cancer, pharyngeal cancer, renal cancer, colon cancer, head and neck squamous carcinoma, lung cancer, bladder cancer, acute myelogenous leukemia, non-Hodgkin's lymphoma, B-cell lymphoma, adult T-cell leukemia, T-cell lymphoma, mantle cell lymphoma, multiple myeloma, acute lymphoblastic leukemia, cervical cancer, nasopharyngeal carcinoma, melanoma, thyroid cancer, liver cancer, breast cancer, ovarian cancer, and prostate cancer.<sup>24,25</sup> NF- $\kappa$ B can mediate transformation, proliferation, invasion, and angiogenesis of tumor cells. Mutated ras found in several tumors has been shown to activate NF- $\kappa$ B. Chemoresistance and radioresistance have also been linked to NF- $\kappa$ B activation. The *p*-glycoprotein linked to drug-resistance is also regulated by NF- $\kappa$ B. Similarly, COX-2 overexpressed in most tumors is also regulated by NF- $\kappa$ B. Cyclin D1, overexpressed by most tumors and required for G<sub>1</sub> to S transition, is also regulated by NF- $\kappa$ B. Similarly, VEGF and adhesion molecules required for angiogenesis and metastasis are also regulated by NF- $\kappa$ B.

Many inflammatory genes relevant to the pathogenesis of atherosclerosis are regulated by NF- $\kappa$ B, the activated form of which is present in atherosclerotic plaques. NF- $\kappa$ B has been shown to be activated in atherosclerosis and myocarditis, in association with angina, during transplant rejection, after ischemia/reperfusion, in congestive heart failure, in dilated cardiomyopathy, after ischemic and pharmacological preconditioning, in heat shock, in burn trauma, and in hypertrophy of isolated cardiomyocytes.

Bronchial asthma is one of the most common chronic diseases in modern society and yet, despite the availability of highly effective drugs, there is increasing evidence to suggest that its incidence is increasing. The pathogenesis of asthma involves persistent expression of a broad array of genes, which contain the  $\kappa$ B site for NF- $\kappa$ B within their promoters, suggesting that NF- $\kappa$ B plays a pivotal role in the initiation and perpetuation of allergic inflammation.

Several reports suggest that amyloid  $\beta$  peptide can activate NF- $\kappa$ B in neurons, indicating a plausible mechanism by which amyloid may act during the pathogenesis

Table 3 A list of NF- $\kappa$ B-mediated diseases

Ageing	Acid-induced lung injury disease (COPD)	Silica-induced
Headaches	Renal Disease	Sleep apnoea
Pain	Leptospirosis renal disease	AIDS (HIV-1)
Cardiac hypertrophy	Gut Diseases	Autoimmunity
Muscular dystrophy (type 2A)	Skin Diseases	Lupus
Catabolic disorders	Incontinentia pigmenti	Psychosocial stress diseases
Diabetes, Type 1	Asthma	Neuropathological diseases
Diabetes, Type 2	Arthritis	Familial amyloidotic neuropathy, inflamm
Hypercholesterolemia	Crohn's disease	neuropathy
Atherosclerosis	Ocular allergy	Parkinson disease
Heart disease	Appendicitis	Alzheimers disease
Chronic heart failure	Pancreatitis	Huntington's disease
Ischemia/reperfusion	Periodontitis	Retinal disease
Angina pectoris	Inflammatory bowel disease	Cancer
Pulmonary disease	Sepsis	

Table 4 A list of inhibitors of NF- $\kappa$ B\*

Cytokine & Hormones	Aged garlic extract (allicin)	Nordihydroguaiaric acid	Glucorticoid-induced leucine zipper protein	Compound 26**
Interleukin-4 <sup>+</sup>	Anethole <sup>+</sup>	Orthophenanthroline	$\gamma$ -glutamylcysteine synthetase <sup>+</sup>	Cyclohexydon
Interleukin-11	Apocynin	Parthenolide	Heat shock protein 72	Cyclointemone
Interleukin-13 <sup>-</sup>	Apple juice	PDTC**	HSCO**	Cycloprodigiosin
Growth hormone	Astaxanthin	Phenolic antioxidants (Hydroquinone and tert-butyl hydroquinone)	Losartin	hydrochloride Dehydroxymethyllepoxyquinomicin
HBE/GEF**	Baicalein	Phenolic antioxidants**	MnSOD**	Diamide <sup>+</sup>
hCG**	Benidipine	Phenylarsine oxide (PAO, tyrosine phosphatase inhibitor)	NDPPI (CARD protein)	Diarylheptanoid 7-(4'-hydroxy-3'-methoxyphenyl)-1-phenylhept-4-en-3-one 3-ditrazine)
Luteinizing hormone <sup>+</sup>	Bis-eugenol	<b>Phytochemicals</b>	NF-2 protein	Dimethylfumarate
$\alpha$ -MSH**	Butylated hydroxyanisole	Piceatannol	NLS cell permeable peptides	Dioxin <sup>+</sup>
Somatostammotropin	Caffeic Acid Phenethyl Ester (3,4-dihydroxycinnamic acid, CAPE)	PMC (2,2,5,7,8-pentamethyl-6-hydroxychromane)	p202a**	Disulfiram
VEGF**	Caffeic Acid Phenethyl Ester <sup>+</sup>	PMC**	PI3K	E-73 (cycloheximide analog)
Estrogen	Calagualine <sup>+</sup>	Polysaccharides	Protein-bound polysaccharide	Ecabet sodium
Glucocorticoids	Capsaicin <sup>+</sup>	Pyrolidinedithiocarbamate (PDTC)	PTEN	Epoxyquinone A monomer Fibrates
PG-15-deoxy- $\Delta$ (12,14)-PGI(2)**	Carosol	Quercetin	Suppressors of cytokine signaling-1	Erythromycin
Prostaglandin A1	Carvedilol	Quercetin (low concentrations)	Triglyceride-rich lipoproteins	Fosfomycin
Prostaglandin E2	Catealposide	Red wine	Vasoactive intestinal peptide	Flunixin meglumine
<b>Antiinflammatory agents</b>	Catechol Derivatives	Ref-1 (redox factor 1)	ZAS3 protein**	Gangliosides
Acetaminophen	Cepharanthine	Resiniferatoxin <sup>+</sup>	<b>Stress</b>	Gabexate mesilate
Aspirin (sodium salicylate)	Conophylline	Resveratrol <sup>+</sup>	Carbon monoxide	Geldanamycin
Flurbiprofen	Curcumin <sup>+</sup>		Electrical stimulation of vagus nerve	Glimepiride
Ibuprofen	Dehydroepiandrosterone		Hypothermia	Glucosamine sulfate
Leflunamide metabolite** <sup>-</sup>	DHEA-sulfate			Herbimycin A
Sulindac				

TABLE 4 — continued.

<b>Cell-signaling inhibitors</b>	Dibenzylbutyrolactone lignans	Rg(3) (ginseng derivative)	Metals**	Hydroquinone
Arovasstat**	Diethylalithiocarbamate	Rg(3), a ginseng derivative	Nitric Oxide	4-Hydroxynonenal
D609**	Diferoxamine	Rocaglamides	Saline (low Na <sup>+</sup> isotonic)	Hypochlorite
LY294002**	Dihydrolipoic Acid	Rotenone	Hyperosmolarity	Isoamyl starch
Quinadil**	Dilazep + fenofibric acid	S-allyl-cysteine (SAC, garlic compound)	<b>VITAMINS</b>	Isomallochromanol
RO31-8220**	Dimethyldithiocarbamates	Sanguinarin+	BTEE**	Isomallochromene
SB203580**	Dimethylsulfoxide	Sauceroneol D and E	Vitamin C	Jestrone dimer
SC236**	Disulfiram	Sauchinone	Vitamin D	Kamebakaurin
Sphondin	Ebselen	Sauchinone	Vitamin E	Lactoferrin
TNP-470**	Emodin	Silbinin	Nitrosocobalamin**	LDL (Extensively oxidized)
U0126**	Ent-kaurane diterpenoids	Silymarin+	<b>Virus derivatives</b>	Mevinolin, 5'-methylthioadenosine
<b>IKK inhibitors</b>	Epigallocatechin-3-gallate	Tempol	Core Protein of Hepatitis C virus*	Monochloramine
AS602868	EPC-K1 (phosphodiester compound of vitamin E and vitamin C)	Teponaxine	E1A	MX781
BAY-117082**	Epigallocatechin-3-gallate (green tea polyphenols)	Teponaxine (5-(4-chlorophenyl)-N-hydroxy-(4-methoxyphenyl)-N-methyl-1H-pyrazole-3-propanamide)	HIV-1 Vpu protein	Nalamosat mesilate
BAY-117083**	Epoxyquinol	Triptolide (PG490)	IκB-like proteins	N-ethyl-maleimide
BMS-345541	Erbstatin	Uncaria tomentosa	K1 protein	Nicotine
DTD**	Ergolide	Ursolic acid	Kaposi's sarcoma-associated herpesvirus	Omega 3 fatty acids
E3330**	Ergothioneine	Vitamin C	Pertussis toxin binding protein	Pervanadate
LF15-0195**	Ethyl Pyruvate	Vitamin E derivatives	SspH1 and IpaH9.8**	Petroselinonitrone
MOL 294**	Eugenol	Yakuchinone A and B	YopJ**	Phenethylisothiocyanate
PS1142	Fenofibric acid	<b>Plant extracts</b>	<b>Synthetic compounds</b>	Phenyl-N-tert-butylnitron
<b>Protease/ Proteasome inhibitors</b>	Flavonoids (Crataegus)	Apple	AS602868	Phosphorylation
ALLNL	Flavopiridol	Aged garlic	Decoy oligonucleotides**	Phytic acid
APNE	Fluorochalcones	Black raspberry	DTD**	Pranlukast
APNE**	Gamma-glutamylcysteine synthetase	Blueberry	E3330**	Psychosine
Boronic Acid Peptide	Ganoderma lucidum polysaccharides	Ginkgo biloba	Hydroquinone	Pyritione
BTEE	Garcinol (from extract of Garcinia indica fruit rind)		Macrolide antibiotics	Raxofelast
Cyclosporin A	Genistein		MOL 294**	Rebamipide
DC1C**			Pentoxifylline	Rhein
Deoxyaspergualin			<b>Others</b>	Ribavirin
			Adenosine*	Rifamides
				Rifampicin
				Rolipram



of Alzheimer's disease. Rheumatoid arthritis is a chronic inflammatory disease characterized by persistent joint swelling and progressive destruction of cartilage and bone. NF- $\kappa$ B plays an essential role in transcriptional activation of TNF and IL-1. Together they form a positive regulatory cycle that may amplify and maintain the rheumatoid disease process.

### HOW TO INHIBIT NF- $\kappa$ B ACTIVATION?

Because of the role of NF- $\kappa$ B in a wide variety of diseases, inhibitors of NF- $\kappa$ B activation are extensively sought (TABLE 4). Different steps in the NF- $\kappa$ B activation pathway are being targeted to block NF- $\kappa$ B. These include inhibitors of proteasome that mediate I $\kappa$ B $\alpha$  degradation, inhibitors of kinase (IKK), which mediate I $\kappa$ B $\alpha$  phosphorylation, decoy peptides from I $\kappa$ B $\alpha$ , IKK, and p65 proteins. The double-stranded oligodeoxynucleotides (ODNs) that possess consensus NF- $\kappa$ B sequence as transcription factor decoys (TFDs) also have been found to inhibit NF- $\kappa$ B binding to native DNA sites. Examples of proteasome blockers include peptide aldehydes such as ALLnL, LLM, Z-LLnV, and Z-LLL, lactacystine, PS-341, ubiquitin ligase inhibitors, and cyclosporine A. Several cytokines that are produced by Th2 have been found to suppress NF- $\kappa$ B activation. These include IL-4,<sup>26</sup> IL-13,<sup>27</sup> and IL-10.<sup>28</sup> Additionally, endocrine hormones such as HCG,<sup>29</sup> LH, MSH,<sup>30</sup> and GH<sup>31</sup> have been shown to abrogate NF- $\kappa$ B activation. Both IFN- $\alpha$  and IFN- $\beta$ , which exhibit antiviral, antiproliferative, and immunosuppressive activities, also abolish NF- $\kappa$ B activation.<sup>32</sup> Several phytochemicals from different plants have been identified that can suppress NF- $\kappa$ B activation effectively.<sup>33-46</sup> These include curcumin (turmeric), resveratrol (red grapes), guggulsterone (guggul), ursolic acid (from holy basil), betulinic acid (birch trees), eugenol (cloves), gingerol (ginger), oleandrin (oleander), silymarin (artichoke), emodin (aloe), capsaicin (red chili), anethol (anise), and others. All these blockers of NF- $\kappa$ B have potential in the treatment of a wide variety of diseases. Pharmacological safety, bioavailability, and efficacy *in vivo* will determine their therapeutic potential in particular diseases.

### CONCLUSION

This minireview shows that NF- $\kappa$ B is an important transcription factor that is activated by a wide variety of stimuli, controls the expression of a large number of genes, mediates pathogenesis of various diseases, and can be suppressed by numerous agents. NF- $\kappa$ B activation, however, is required for the proper function of the immune system. Proliferation of T cells and B cells, activation of macrophages, proliferation and survival of dendritic cells, and activation of T cells are dependent on NF- $\kappa$ B activation. Some recent evidence, however, indicates that while NF- $\kappa$ B1 mediates an inflammatory response, NF- $\kappa$ B2 mediates an immune response.<sup>47</sup> This suggests that suppression of the NF- $\kappa$ B1 pathway that controls inflammation may have less effect on the immune system. This remains to be determined. That NF- $\kappa$ B activation has been linked with most diseases is not too surprising considering that as many as 98% of all diseases are proinflammatory. Thus, the thesis that NF- $\kappa$ B is a "smoke-detector" that is activated by cigarette smoke<sup>48</sup> or a "stress-signal" is quite appropriate.

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